

VISITOR'S GUIDE

tourism



A DAY IN NEW WEST



Three complimentary itineraries to pick & choose from.

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Welcome to New West: a city full of rich history, character, and culture! While planning your trip here, think of New West as a sort of bullseye; With minimal time to explore, gravitate to the central areas, where public transit and popular centres are easily accessible. But if you're planning for a longer stay, expand into the equally essential outskirts.

Happy travelling!

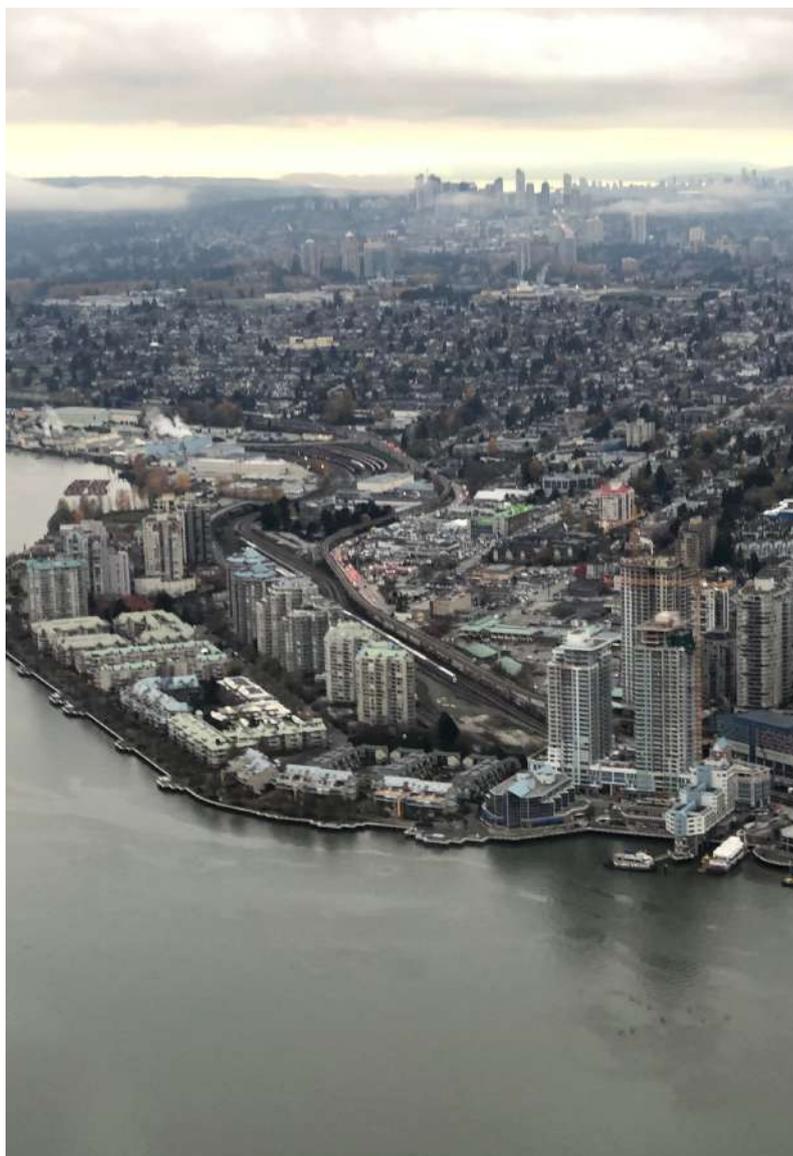
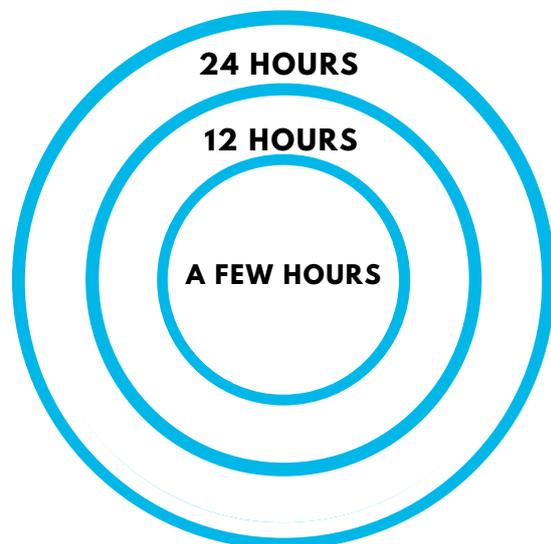


Photo by Amber Belzer

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A FEW HOURS

Only have a few hours to take on New West? No worries! Stick to the downtown core and you'll have plenty of things to eat, see and do.

FOOD

Variety is the spice of life! The **River Market** offers a mecca of delicious food—without the commitment of choosing just one type of cuisine. Go Southeast Asian with **Longtail's Pad See-Ew** or fresh 'n' plant-based at the trendy, **Amaranthus**. **Old Crow Coffee Co.** knows just how to make the perfect cuppa joe. They're serving up hand-crafted Timbertrain espresso plus **Dipped Doughnut Co's** amazing vegan doughnuts. You might even be able to catch one of their regular comedy shows or open-mic nights.

FEATURE

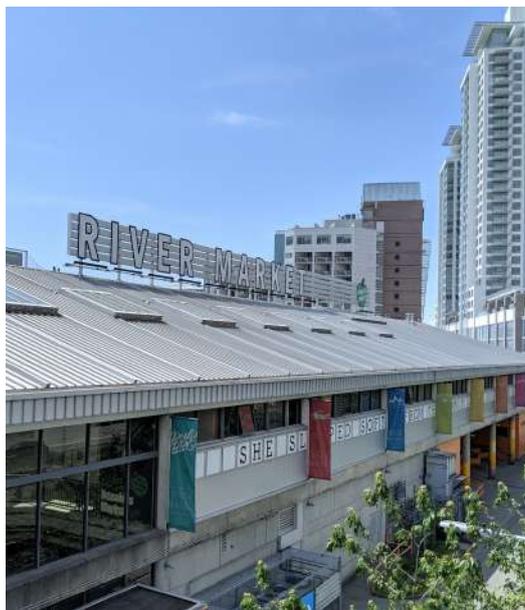
Having a place to settle down and relax is essential and the **Anvil Centre** is perfect for that. With four floors and in-building amenities, you're always welcome to visit.

Inside, the **New West Museum & Archives** will help you learn about the city's connection to various monumental events. Deeper in, the **Canadian Lacrosse Hall of Fame** and an ever-changing feature exhibition can be found. The **New Media Gallery** on the other side of the wall is a crossroads of science and art; visit for a personable and impromptu tour from gallery curators.

FROLIC

Take a walk along the Fraser River via the New Westminster boardwalk and bask in the waterfront. Continue along to **Pier Park** for a spectacular view of one of the oldest bridges in the Lower Mainland, the **Pattullo Bridge**. On your stroll, you'll stumble upon street art, including an interactive sculpture that plays music upon contact on **Front Street**.

On the other end, you'll find the **Samson V Museum**, the longest standing steam-powered sternwheeler—turned floating museum. Afterwards, discover the stories of the River at the **Fraser River Discovery Centre**, through rotating exhibits and hands-on programmes.



12 HOURS

Get a more authentic experience with half a day to explore. Now's the time to venture out into the beloved borough-like areas of Uptown and the West End.

FOOD

Enjoy European fare from **Old Bavaria Haus**, nestled inside a beautiful historic home in Uptown. Or, try **Highlight Cafe**: a Southern BBQ Brunch joint, creating delicious sweet and salty food combinations.

To fulfill your sweet tooth, go to **Kozak Ukrainian Bakery**. Their dark chocolate babkas and old-school apple strudels are sure to warm you from within.

And for a boozy option, the West End is home to **Steel & Oak Brewing Co. (S&O)** and **Pacific Breeze Winery**. One has a hip and trendy vibe, while the other transports you to a rustic vineyard.



FEATURE

An important aspect of the city to understand is that the people inhabiting it endured multiple events. That's why the **Royal Westminster Regiment Historical Society Museum** is an important stop. As the first officially recognized regimental museum in Canada, the building houses vintage photographs, a memorial case paying tribute to fallen soldiers, and more. Keep an eye out for displays dating back to as early as 1863!

The **Massey Theatre** is another essential Uptown feature; thousands of musical and theatrical performances run each year.

Also, near **Highlight Cafe**, there's an outdoor seating area on the street where the roads are painted in bright colours. Around here, you'll see beautiful public art painted on the fences that line the streets.



FROLIC

Established in 1887, **Queen's Park** is a 75 acre flagship park and instrumental to community interaction. For kids, the **Rainbow Playland** hosts two playgrounds, a spray park, a treats concession, a petting farm and more. There's also an off-leash dog area and various sports fields to be utilized. Another option: check out **The Gallery**, a building opened year-round for the public with 11 annual exhibitions for viewing.

No matter the time of year, **Moody Arena** is your go-to destination for ice skating. Whether you're a seasoned figure skater or a first-timer, everyone's welcome. Drop-in skating is open for most seasons and the arena conveniently provides rental skates and helmets. Talk about a very Canadian experience!

24 HOURS

Unbeknownst to some, New West is constantly bustling. 24 hours will give you ample time to explore and understand the character of every part of the city; there's always something happening here!

FACILITY

Queen's Hotel in Queensborough is a wonderful option for those seeking a boutique experience. Originally opened in 1958, the historic hotel was and continues to be a local favorite!

If you want a beautiful waterfront view, consider the **Inn at the Quay**. The hotel is shaped like a cruise ship and room balconies are situated over the water. Plus, it's only an eight minute walk from the New West SkyTrain Station!

Alternatively, stay at one of 140 (and counting) Air BnB's in New West. This gives you the opportunity to enjoy a personalized bed & breakfast in a charming local's home.



FROLIC

Cap's Bicycle Shop provides fun electric-powered bikes for rental, plus an array of vintage bicycles for viewing. Check out their exhibit and then bike to Downtown and board the **Q to Q ferry** at the New West Quay. You'll reach Queensborough, where you can ride around and shop till you drop at the **Queensborough Landing Outlet**.

Hear more about the importance of our port for travel throughout the years by taking a **Paddlewheeler RiverBoat Tour**.

Then, for a groovier experience, try dancing with **Royal City Swing**. This local company hosts regular dancing nights, where all are welcome to bust a move!

Or if you're an adrenaline junkie, **Boorman Archery** offers 1 hour intro classes for the Robin Hood in you!

FOOD

Auxi Foods: Kitchen & Coffee Bar is a health-focused bistro that makes customized bowls and drinks catered to your keto, vegan, paleo or celiac needs.

For those looking to indulge, make a B-line to **Gino's Restaurant** in Sapperton for top quality Greek dishes such as lamb souvlaki, and calamari!

Fratelli's Bakery is serving some of the most scrumptious and decadent baked goods, as well. Their classic cannolis are sure to give you an authentic Italian experience.

Additionally, Sapperton has recently welcomed a new brewery called **Another Beer Co.** Despite, they're name, they have something really unique going on. Try some of their interesting brews like the "I'm a Vienna You Idiot" (Vienna Lager) or their limited edition Milkshake IPA.



FEATURE

100 Braid has a plethora of beautiful displays to be seen. Conveniently located right outside of Braid Skytrain station, this co-working art studio actually used to be a popular distillery during the prohibition. Take a paint and sip night here and you'll learn about New West's tipsy history over a glass of wine.

ZONES



DOWNTOWN

Downtown New West is an urban space with a cornucopia of amazing foods, talented artists and diverse cultures. This thriving community offers unique vintage shopping, critically acclaimed modern cuisines and an array of public art displays. With an onslaught of perpetually rotating festivals and events, the area is always buzzing.

WATERFRONT ESPLANADE

Marvel in the beauty of the Fraser River along the Westminster boardwalk. View some of the last standing original paddlewheeler boats as they float by the dock or walk to the beloved Westminster Pier Park and enjoy a view of the Pattullo Bridge. Home to the River Market and the Fraser River Discovery Centre, the Waterfront Esplanade is a place of exploration, education and fun.



UPTOWN

Uptown is an essential stop from a foodie's perspective. Streets full of mom and pop shops, as well as authentic ethnic restaurants are situated here. Big name attractions such as the **Royal City Centre** and the **Uptown Live Music Festival** live here too, so fulfill the adventurer in you and enjoy the hustle and bustle that is Uptown.

ZONES



SAPPERTON

Sapperton is the oldest community of New West. Over 100 years ago, a group of British Military Engineers called “Sappers” became situated in a plot of land. By 1862, their landing point became home to two institutions: The Royal Columbian Hospital and a distillery which survived the prohibition. Although the distillery has since shut down, the district remains thriving as an ideal living, working, dining and shopping destination.

WESTEND

The Westend is home to some of the most intricate and beautiful heritage homes of New West. In fact, the Brow of the Hill neighbourhood consists of various Victorian-style buildings dating back to the 1800s. This edgy neighbourhood offers an eclectic arts community, with local tattoo shops, photography studios, music stores, etcetera.



QUEENSBOROUGH

Queensborough is one of the fastest changing areas in New Westminster and it is reachable via the Q2Q ferry. A booming shopping centre, and the trendy homes of Queensborough Landing exists here, but there's more to the Borough than shopping! Food and live entertainment are a constant at the nearby [Starlight Casino](#).



SEE YOU SOON!

With an endless amount of things to eat, see and do in New West, its best to plan ahead. Whatever your itinerary looks like, have a wonderful time. The Royal City awaits your visit.

Photo by Amber Belzer

